

Exclusive Advance Copy for Pray More Novenas Special Members



**9 DAYS TO A  
DEEPER PRAYER  
LIFE WITH THE  
HOLY SPIRIT**

**JOHN-PAUL & ANNIE DEDDENS**  
*FROM [PRAYMORENOVENAS.COM](http://PRAYMORENOVENAS.COM)*

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# Acknowledgements

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Annie and I would like to thank all the members of the Pray More Novenas community. In a special way we'd like to thank those who have been able to give in support of this service particularly our "Special Members."

This book is a gift of thanksgiving to you for all of your support.

God bless you!

John-Paul and Annie Deddens

A special thanks to [Lake Road Media](#) for our cover design.

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# About Us

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I started [www.praymorenovenas.com](http://www.praymorenovenas.com) after realizing that I needed help in remembering to pray each day of the novena. I know, that sounds pretty weak - it's only nine days, right? - but I'm only human! I figured that if I had this weakness that there were probably others who had the same problem.

My wife, Annie, and I now run the website and we are able to help thousands of people by sending a monthly novena to their email as a reminder service. This has proven effective as most people check emails regularly, thus ensuring uninterrupted novena prayers.



# Introduction

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## Why this Book?

In praying with thousands of people around the world, I found that most people involved in our prayer service were seeking a deeper prayer life. They signed up, not only for the reminder, but because they wanted to go deeper in prayer.

Although the novenas we offer online are very helpful to many people, they are shorter and generally focused on specific intentions. So, I wanted to offer a prayer that was more in-depth and focused on this burning desire that so many people have: **a deeper prayer life.**

## A Little More About Novenas

The word novena is taken from “novem,” the Latin word for nine. A novena is made up of nine days of prayer and meditation usually to ask God for special prayer requests or petitions. Novenas are often used to ask specific saints to pray for us. The [Saint Jude Novena](#), for example, is prayed to ask Saint Jude to intercede on behalf of a request that seems especially dire.

Novenas are an ancient tradition that goes back to the days of the Apostles. Jesus told His disciples to pray together after His ascension into heaven, so they went to an upper room along with the Blessed Virgin Mary, (Acts 1:14) and joined constantly in prayer for nine days.

These nine days of constant prayer by the Apostles at the direction of Jesus led up to Pentecost. This is when the Holy Spirit descended upon the disciples as “tongues of fire” (Acts 2:1-4). This pattern of 9 days of prayer is the basis the novenas we pray today. Thus, the novena is an imitation of the Lord’s command to the Apostles when they prayed for 9 days in anticipation of the coming of the Holy Spirit.

## Why Pray Novenas?

The most popular novenas are those asking for special intentions to be granted. Some of these novenas may have even originated from miracles attributed to the intercession of certain saints. There are many accounts of people who credit granting of petitions, such as healing, through novenas.

If you take a look at the comment sections of [www.praymorenovenas.com](http://www.praymorenovenas.com) you will see many people posting their intentions and their answered prayers.

Having said this, novenas should not be seen as magical incantations that guarantee desired results. God controls the universe and we certainly do not control God. He is not a genie in a bottle, but rather He is a loving Father in heaven. This means that whatever good intentions we pray for, we must accept the fact that God knows what's best for us, whether we understand His divine intention or not.

“Thy will be done” is the proper posture of all Christian prayer. Any so-called novena prayer circulating around that contains guaranteed results, and threatening misfortune for those who fail to devote themselves to it is merely a chain-letter; these should be ignored.

Nonetheless, Jesus reminds us in the Gospel to be persistent in prayer and a novena is a great aid in doing just that!

## **The Purpose of the Novena in this Book**

The primary aim of this novena is to seek out a deeper prayer life through a closer relationship with the Holy Spirit.

The entire purpose of the spiritual life is to come closer to God through prayer and action. The best way to initiate a better and deeper prayer life is through the giver of life Himself, the Holy Spirit.



Catholic teaching identifies the Holy Spirit as the third Person of the Holy Trinity, consubstantial with God the Father and the Son, our Lord Jesus Christ. It is to the Holy Spirit that our Lord Jesus Christ entrusted the Apostles, His bride the Church and each of us after His glorious ascension into heaven.

The Holy Spirit is often forgotten by many. We tend to focus on Jesus and the Father, for some reason. It is unfortunate because the Holy Spirit is very important to our lives. However, aside from the Mass, the Glory Be... and whenever we make the sign of the cross, there are few prayers invoking the aid of the Holy Spirit directly.

Through this novena, we invoke the aid of the third Person of the Holy Trinity to provide us much needed guidance so that all our thoughts, words and actions lead toward deeper prayer and holiness.



# 9 Days to a Deeper Prayer Life with the Holy Spirit

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I wrote these novena prayers and meditations specifically to bring you to a deeper place with the Holy Spirit.

Our Lord Jesus Christ has entrusted us to the Holy Spirit until His second coming. And the Holy Spirit, being the Third Person of the Holy Trinity, has come to “lead us to the complete truth.” (John 12:13) In Him we have a powerful protector who, in the face of foes, would even “teach you in that hour what you ought to say.” (Luke 12:12)

In this novena we ask for the seven gifts of the Holy Spirit, plus an absolute love of God, and absolute surrender to the will of God. Devotion to the Holy Spirit will lead us to a closer relationship with Him, so that we will always have the counsel of the Paraclete to protect us from the temptations that we encounter on our journey toward the light of eternal salvation.

This novena is meant to ask for the Holy Spirit’s divine guidance so that, with constant prayer, every aspect of our life will be a tribute to God.

## Background on Holy Spirit

The Blessed Virgin Mary and the apostles prayed the original novena, the first novena, after Jesus Christ ascended into heaven culminating in the Holy Spirit coming down on the heads of the apostles in tongues of fire on Pentecost. Thus the original novena was intimately connected to the Holy Spirit.

While the exact words of the apostles during the nine days leading to the Pentecost are not recorded, we can safely assume that these contain three major attributes that prepared them to receive the Holy Spirit: They sought divine guidance, they professed absolute love of God, and they expressed complete surrender to God's will.

The Holy Spirit is referred to as the Paraclete or advocate that will come to guide the apostles after Jesus' departure for Heaven. This is recorded in John 16:7. "Still, I am telling you the truth: it is for your own good that I am going, because unless I go, the Paraclete will not come to you; but if I go, I will send him to you."

Thus, it is very good that we are in relationship with the Holy Spirit!

The Spirit of Truth - He is the one to turn to in times when doubts cloud our mind: "However, when the Spirit of truth

comes He will lead you to the complete truth, since He will not be speaking of His own accord, but will say only what He has been told; and He will reveal to you the things to come.” (John 16:13)

The Paraclete or Advocate - The Holy Spirit will advise and protect us, telling us that in the face of enemies “...do not worry about how to defend yourselves or what to say. For the Holy Spirit will teach you at that moment what you should say.” (Luke 12:11-12)

One who helps us in prayer - “And as well as this, the Spirit too comes to help us in our weakness, for, when we do not know how to pray properly, then the Spirit personally makes our petitions for us in groans that cannot be put into words.” (Romans 8:26)

In this novena, we ask the Spirit of Truth to be our advocate and over these nine days to help us in our prayer to build a closer relationship to Him who created us, Him who saved us, and Him who continues to love us all.

Enough introduction, let's get started praying!

# 9 Days to a Deeper Prayer Life with the Holy Spirit Novena

# Day 1 - Wisdom

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## Opening Prayer

In the name of the Father and of the Son and of the Holy Spirit.

Amen.

Glorious Spirit of God, I humble myself before You. May I always remember You as my most powerful counsel especially in prayer. Grant me the grace of always being grateful for all Your gifts. In Your mercy keep me away from the failings that cause me great guilt, and provide in me a heart that beats solely for Your greater glory.

I ask that You give me the grace of a deeper life of prayer.

Help me to be more consistent and persistent in prayer such that I come to a closer communion with You.

Make Your home in my heart, that I may be led to a life in complete submission to Your Holy Will. I beg You to give me the grace of a deeper life of prayer with You, most Holy Spirit.

Amen.

## Daily Novena Prayer

### **Reflection on the Gift of Wisdom**

Today, we pray that the Holy Spirit will give us the Gift of Wisdom.

May this holy Gift of Wisdom bring our faith to perfection. May it allow us to have a supernatural faith such that we may value the things of God in their right place, above all earthly things.

### **Prayer for the Gift of Wisdom**

O Holy Sprit - Bestow upon me the gift of wisdom that I may not squander Your gifts in vain pursuits but devote all my strength and abilities towards attaining eternal life. Grant that all of my thoughts and actions be pleasing to You. Let me have the wisdom to always make prayer a priority in my life. Guide and guard my thoughts and prayers so that with pure intentions and clearness of vision, I may glorify You, my God, in all that I do.

Amen.

## Closing Prayer

Most merciful and luminous Holy Spirit - I ask to be granted all of Your gifts and humbly request to receive all of Your fruits according to Your providential plan.

Bring me to a more full expression of the virtues of Faith, Hope and Love. Bless me with the certainty that You are here with me at every moment, giving life to my body and holding the universe in perfect balance. May my devotion to You in prayer reveal to me your protective presence at all times.

O Holy Spirit Come and fill my heart that I may pray more deeply.

In the name of the Father and of the Son and of the Holy Spirit.

Amen.



# Day 2 - Understanding

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## Opening Prayer

In the name of the Father and of the Son and of the Holy Spirit.

Amen.

Glorious Spirit of God, I humble myself before You. May I always remember You as my most powerful counsel especially in prayer. Grant me the grace of always being grateful for all Your gifts. In Your mercy keep me away from the failings that cause me great guilt, and provide in me a heart that beats solely for Your greater glory.

I ask that You give me the grace of a deeper life of prayer.

Help me to be more consistent and persistent in prayer such that I come to a closer communion with You.

Make Your home in my heart, that I may be led to a life in complete submission to Your Holy Will. I beg You to give me the grace of a deeper life of prayer with You, most Holy Spirit.

Amen.

## Daily Novena Prayer

### **Reflection on the Gift of Understanding**

Today we ask the Holy Spirit for the Gift of Understanding.

May we truly understand to the extent possible the mysteries of God. May our faith grow beyond a shallow hope to a deep and abiding certainty through the gift of understanding.

### **Prayer for the Gift of Understanding**

O Holy Sprit - Bestow upon me the gift of understanding that I may discern the divine mysteries and how to live my life in compliance with Your divine purpose. Let me appreciate the divine purpose I was meant for - that I may willingly detach myself from all that hinders me in my journey to salvation. Guide my prayers and fill my heart with a desire to completely surrender myself to Your service.

Amen.

## Closing Prayer

Most merciful and luminous Holy Spirit - I ask to be granted all of Your gifts and humbly request to receive all of Your fruits according to Your providential plan.

Bring me to a more full expression of the virtues of Faith, Hope and Love. Bless me with the certainty that You are here with me at every moment, giving life to my body and holding the universe in perfect balance. May my devotion to You in prayer reveal to me your protective presence at all times.

O Holy Spirit Come and fill my heart that I may pray more deeply.

In the name of the Father and of the Son and of the Holy Spirit.

Amen.

## Day 3 - Counsel

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### Opening Prayer

In the name of the Father and of the Son and of the Holy Spirit.

Amen.

Glorious Spirit of God, I humble myself before You. May I always remember You as my most powerful counsel especially in prayer. Grant me the grace of always being grateful for all Your gifts. In Your mercy keep me away from the failings that cause me great guilt, and provide in me a heart that beats solely for Your greater glory.

I ask that You give me the grace of a deeper life of prayer.

Help me to be more consistent and persistent in prayer such that I come to a closer communion with You.

Make Your home in my heart, that I may be led to a life in complete submission to Your Holy Will. I beg You to give me the grace of a deeper life of prayer with You, most Holy Spirit.

Amen.

## Daily Novena Prayer

### **Reflection on the Gift of Counsel**

Let us pray today by asking the Holy Spirit for the Gift of Counsel.

May this Gift of Counsel bring us the perfection of the virtue of prudence. May it be a great help to us as Christians, allowing us to defend and preach the Faith with confidence that the Holy Spirit will guide us.

### **Prayer for the Gift of Counsel**

O Holy Spirit - Bestow upon me the gift of counsel that the light of Your presence in my heart will allow me to discern right from wrong. Gift me with the ability to devote all that I am in the pursuit of things eternal that I would be safe from earthly temptations.

Remain always with me to be the lamp upon my feet Who constantly guides me on the right path. In my weakness and ignorance, protect and guide me on my journey towards Your heavenly abode at all times – especially in prayer.

Amen.

## Closing Prayer

Most merciful and luminous Holy Spirit - I ask to be granted all of Your gifts and humbly request to receive all of Your fruits according to Your providential plan.

Bring me to a more full expression of the virtues of Faith, Hope and Love. Bless me with the certainty that You are here with me at every moment, giving life to my body and holding the universe in perfect balance. May my devotion to You in prayer reveal to me your protective presence at all times.

O Holy Spirit Come and fill my heart that I may pray more deeply.

In the name of the Father and of the Son and of the Holy Spirit.

Amen.

# Day 4 - Fortitude

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## Opening Prayer

In the name of the Father and of the Son and of the Holy Spirit.

Amen.

Glorious Spirit of God, I humble myself before You. May I always remember You as my most powerful counsel especially in prayer. Grant me the grace of always being grateful for all Your gifts. In Your mercy keep me away from the failings that cause me great guilt, and provide in me a heart that beats solely for Your greater glory.

I ask that You give me the grace of a deeper life of prayer.

Help me to be more consistent and persistent in prayer such that I come to a closer communion with You.

Make Your home in my heart, that I may be led to a life in complete submission to Your Holy Will. I beg You to give me the grace of a deeper life of prayer with You, most Holy Spirit.

Amen.



## Daily Novena Prayer

### **Reflection on the Gift of Fortitude**

Today we pray for the gift of Fortitude. We ask the Holy Spirit to give us this supernatural strength to abide by the will of God.

The Gift of Fortitude is the perfection, by the Spirit, of this virtue. May we grow in courage and strength in the face of all our temptations that we may follow the Way, the Truth and the Life to salvation every day.

### **Prayer for the Gift of Fortitude**

O Holy Sprit - Bestow upon me the gift of fortitude, that I may face the trials and tribulations that come my way with a courage born of complete faith and surrender to Your will. Be my only counsel in the face of life's many challenges that I may only say and do what pleases You. Live in my heart that I may confidently meet You in prayer with fortitude and walk towards Your salvation, emboldened by Your protective presence.

Amen.

## Closing Prayer

Most merciful and luminous Holy Spirit - I ask to be granted all of Your gifts and humbly request to receive all of Your fruits according to Your providential plan.

Bring me to a more full expression of the virtues of Faith, Hope and Love. Bless me with the certainty that You are here with me at every moment, giving life to my body and holding the universe in perfect balance. May my devotion to You in prayer reveal to me your protective presence at all times.

O Holy Spirit Come and fill my heart that I may pray more deeply.

In the name of the Father and of the Son and of the Holy Spirit.

Amen.

# Day 5 - Knowledge

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## Opening Prayer

In the name of the Father and of the Son and of the Holy Spirit.

Amen.

Glorious Spirit of God, I humble myself before You. May I always remember You as my most powerful counsel especially in prayer. Grant me the grace of always being grateful for all Your gifts. In Your mercy keep me away from the failings that cause me great guilt, and provide in me a heart that beats solely for Your greater glory.

I ask that You give me the grace of a deeper life of prayer.

Help me to be more consistent and persistent in prayer such that I come to a closer communion with You.

Make Your home in my heart, that I may be led to a life in complete submission to Your Holy Will. I beg You to give me the grace of a deeper life of prayer with You, most Holy Spirit.

Amen.

## Daily Novena Prayers

### **Reflection on the Gift of Knowledge**

Today we pray for the Gift of Knowledge. We ask the Holy Spirit to give us this gift abundantly.

It is so common for us to struggle with not knowing God's Will. It is so common for us to find it hard to see the world and others as God sees. When we struggle with this, we must return to the Holy Spirit and beg for the gift of Knowledge that we might know more clearly the mind and will of God in our lives.

### **Prayer for the Gift of Knowledge**

O Holy Spirit - Bestow upon me the gift of knowledge that I may know You and allow You to direct me to the one path that leads to salvation. Let me know and see the pitfalls that litter the road to Heaven, that I may avoid attachments to anything but You.

Bless me with complete devotion to You in prayer and action - that all the talents and abilities You have given may be brought to bear for Your greater glory.

Amen.

## Closing Prayer

Most merciful and luminous Holy Spirit - I ask to be granted all of Your gifts and humbly request to receive all of Your fruits according to Your providential plan.

Bring me to a more full expression of the virtues of Faith, Hope and Love. Bless me with the certainty that You are here with me at every moment, giving life to my body and holding the universe in perfect balance. May my devotion to You in prayer reveal to me your protective presence at all times.

O Holy Spirit Come and fill my heart that I may pray more deeply.

In the name of the Father and of the Son and of the Holy Spirit.

Amen.

# Day 6 - Piety

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## Opening Prayer

In the name of the Father and of the Son and of the Holy Spirit.

Amen.

Glorious Spirit of God, I humble myself before You. May I always remember You as my most powerful counsel especially in prayer. Grant me the grace of always being grateful for all Your gifts. In Your mercy keep me away from the failings that cause me great guilt, and provide in me a heart that beats solely for Your greater glory.

I ask that You give me the grace of a deeper life of prayer.

Help me to be more consistent and persistent in prayer such that I come to a closer communion with You.

Make Your home in my heart, that I may be led to a life in complete submission to Your Holy Will. I beg You to give me the grace of a deeper life of prayer with You, most Holy Spirit.

Amen.

## Daily Novena Prayers

### **Reflection on the Gift of Piety**

Today we pray for the Gift of Piety. We ask the Holy Spirit to give us this gift generously.

The Gift of Piety refers to our desire to worship and serve our God. With the gift of Piety from the Holy Spirit we move beyond a duty to give God worship and service. Therefore, we pray today for this gift to love, serve and worship God not out of duty or obligation but out of the freedom of our love for Him.

### **Prayer for the Gift of Piety**

O Holy Sprit - Bestow upon me the gift of piety that I may joyfully devote all of my thoughts and actions to Your service. In Your infinite mercy bless me with the grace to fulfill all my obligations to You and my fellow man with joy and passion. Increase my devotion to You in daily prayer that I may direct my whole life to serve the purpose which You have intended for me.

Amen.



## Closing Prayer

Most merciful and luminous Holy Spirit - I ask to be granted all of Your gifts and humbly request to receive all of Your fruits according to Your providential plan.

Bring me to a more full expression of the virtues of Faith, Hope and Love. Bless me with the certainty that You are here with me at every moment, giving life to my body and holding the universe in perfect balance. May my devotion to You in prayer reveal to me your protective presence at all times.

O Holy Spirit Come and fill my heart that I may pray more deeply.

In the name of the Father and of the Son and of the Holy Spirit.

Amen.

# Day 7 – Holy Fear of God

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## Opening Prayer

In the name of the Father and of the Son and of the Holy Spirit.

Amen.

Glorious Spirit of God, I humble myself before You. May I always remember You as my most powerful counsel especially in prayer. Grant me the grace of always being grateful for all Your gifts. In Your mercy keep me away from the failings that cause me great guilt, and provide in me a heart that beats solely for Your greater glory.

I ask that You give me the grace of a deeper life of prayer.

Help me to be more consistent and persistent in prayer such that I come to a closer communion with You.

Make Your home in my heart, that I may be led to a life in complete submission to Your Holy Will. I beg You to give me the grace of a deeper life of prayer with You, most Holy Spirit.

Amen.

## Daily Novena Prayers

### **Reflection on the Gift of Holy Fear of God**

Today we pray for the Gift of Holy Fear of God. We ask the Holy Spirit to instill in us a “fear of the Lord” such that we may seek never to offend our Almighty God.

This is not so much a fear of God’s punishment, but a fear that stems from love. We ask that our fear of offending God will arise from a deep love and faith in our Creator. In the same way that we fear hurting those we love deeply, we ask today for the Holy Spirit to give us the gift of never wanting to hurt our Lord.

### **Prayer for the Gift of Holy Fear of God**

O Holy Sprit - Bestow upon me the gift of holy fear that I may be rebuff temptations which, in the past, have caused me to turn away from You, and for which I now ask for Your mercy.

Let me be blessed with the grace to avoid all things that are not pleasing to You, that I may receive Your divine salvation. In Your mercy, O Lord, grant that I be blessed with the ability to live a life devoted to prayer, free from sin and worthy of You.

Amen.

## Closing Prayer

Most merciful and luminous Holy Spirit - I ask to be granted all of Your gifts and humbly request to receive all of Your fruits according to Your providential plan.

Bring me to a more full expression of the virtues of Faith, Hope and Love. Bless me with the certainty that You are here with me at every moment, giving life to my body and holding the universe in perfect balance. May my devotion to You in prayer reveal to me your protective presence at all times.

O Holy Spirit Come and fill my heart that I may pray more deeply.

In the name of the Father and of the Son and of the Holy Spirit.

Amen.

# Day 8 – Absolute Love of God

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## Opening Prayer

In the name of the Father and of the Son and of the Holy Spirit.

Amen.

Glorious Spirit of God, I humble myself before You. May I always remember You as my most powerful counsel especially in prayer. Grant me the grace of always being grateful for all Your gifts. In Your mercy keep me away from the failings that cause me great guilt, and provide in me a heart that beats solely for Your greater glory.

I ask that You give me the grace of a deeper life of prayer.

Help me to be more consistent and persistent in prayer such that I come to a closer communion with You.

Make Your home in my heart, that I may be led to a life in complete submission to Your Holy Will. I beg You to give me the grace of a deeper life of prayer with You, most Holy Spirit.

Amen.

## Daily Novena Prayers

### **Reflection on an Absolute Love of God**

Today we beg the Holy Spirit for an Absolute Love of God.

This is not a small thing to ask for, but we ask with humility and confidence that with the help of the Spirit, we may love God fully and truly.

### **Prayer for an Absolute Love of God**

O Holy Spirit - Bestow upon me an absolute love of You, my God, that I may follow You for no other reason but love of You. Let me appreciate the infinite love You have for me and devote my life to greater prayer. Help me find new ways by which I can show my absolute love for You.

May nothing take Your place when it comes to my love.

Amen.

## Closing Prayer

Most merciful and luminous Holy Spirit - I ask to be granted all of Your gifts and humbly request to receive all of Your fruits according to Your providential plan.

Bring me to a more full expression of the virtues of Faith, Hope and Love. Bless me with the certainty that You are here with me at every moment, giving life to my body and holding the universe in perfect balance. May my devotion to You in prayer reveal to me your protective presence at all times.

O Holy Spirit Come and fill my heart that I may pray more deeply.

In the name of the Father and of the Son and of the Holy Spirit.

Amen.

# Day 9 – Absolute Surrender

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## Opening Prayer

In the name of the Father and of the Son and of the Holy Spirit.

Amen.

Glorious Spirit of God, I humble myself before You. May I always remember You as my most powerful counsel especially in prayer. Grant me the grace of always being grateful for all Your gifts. In Your mercy keep me away from the failings that cause me great guilt, and provide in me a heart that beats solely for Your greater glory.

I ask that You give me the grace of a deeper life of prayer.

Help me to be more consistent and persistent in prayer such that I come to a closer communion with You.

Make Your home in my heart, that I may be led to a life in complete submission to Your Holy Will. I beg You to give me the grace of a deeper life of prayer with You, most Holy Spirit.

Amen.



## Daily Novena Prayers

### **Reflection on an Absolute Surrender to God's Will**

Today we beg You, O Holy Spirit, for the grace to surrender absolutely to God's most Holy Will.

May we be given the most precious grace of freely abandoning our own will for that of our loving Father in heaven. May we loosen our grip on what we want and instead cling to what God wants for us.

### **Prayer for an Absolute Surrender to God's Will**

O Holy Spirit - Bestow upon me an absolute surrender to Your will that I may not falter in my journey towards Heaven. Teach me trust in You in all matters and understand Your will. Increase my faith so that I will be safe from doubts and firm in the acceptance Your will. In prayer, let me be confident that Your divine guidance will allow me to conquer all trials, however difficult they may be.

Amen.

## Closing Prayer

Most merciful and luminous Holy Spirit - I ask to be granted all of Your gifts and humbly request to receive all of Your fruits according to Your providential plan.

Bring me to a more full expression of the virtues of Faith, Hope and Love. Bless me with the certainty that You are here with me at every moment, giving life to my body and holding the universe in perfect balance. May my devotion to You in prayer reveal to me your protective presence at all times.

O Holy Spirit Come and fill my heart that I may pray more deeply.

In the name of the Father and of the Son and of the Holy Spirit.

Amen.

# Final Closing Prayer

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Most Holy Spirit, I offer myself in complete obedience to Your will. Help me to live a life that completely conveys Your gift of love and compassion to others. Replace my doubts and fears with renewed faith that I may obtain the grace of living in the light of Your boundless love. May this novena strengthen my faith and bring me ever closer to You, my counselor, protector and most powerful advocate.

O Holy Spirit come and fill my heart that I may pray more deeply.

In the name of the Father and of the Son and of the Holy Spirit.

Amen.

## Conclusion

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This novena can be prayed in one (nine- day) cycle or one cycle from time to time. It can even be prayed on a rolling basis. To do this, just start with Day 1 and proceed. Once you are finished with Day 9 go back to Day 1 the next day.

The power hidden in this novena, like other forms of prayer, lies in its ability to make us focus on obtaining God's grace. It makes us humble in the realization that we owe our very existence to our Creator. In prayer, we come to God to ask for His continued help and support. In focusing on God, and asking Him to grant our various petitions we are strengthened. Over time, a closer relationship with Him develops.

It is important to note that this novena contains a prayer for absolute surrender to God's will; It is an admission that with faith and prayer, we trust God to give us what we need, which may not be the same as the blessing we have asked for.

I hope that this novena helps you in establishing a truly healthy relationship with the Holy Spirit; one that would allow you to face all adversities certain that all will be as He intends, confident in His unconditional love and divine protection.

I hope and pray that this novena was a blessing to you. I trust that the Holy Spirit has brought you deeper into communion with Him and the mystery of God.

If you would like to find more novenas you can go to [www.praymorenovenas.com](http://www.praymorenovenas.com) and join our prayer community.